

**WRITTEN TEST FOR SELECTION TO THE POST OF
AYUSH MEDICAL OFFICER - AYURVEDAM
QUESTION-CUM-ANSWER BOOKLET**

Maximum Marks: 100

Total Time: 90 minutes

INSTRUCTIONS

1. This test consists of 100 multiple choice questions. Each question carries one mark.
2. Before you start answering, check whether your Question Booklet is in order and contains **12** pages.
3. Write your Roll Number in the space provided at the bottom of this page.
4. **YOU MUST PUT A SMALL CIRCLE AROUND THE LETTER INDICATING THE CORRECT ANSWER FOR EACH OBJECTIVE TYPE QUESTION.**

(eg. a. b. c. d.)

5. Use blue/black ball point pen only for answering.
6. Pen mark (answers) once made is final. No correction in choice of answers is allowed.
7. Question-cum-Answer Booklet issued will not be replaced unless there are defects in printing.
8. Rough work, if any, may be done in page 2 only.
9. Use of mobile phone, books or any other paper/material will not be permitted.
10. Put your signature in the space provided below, in the presence of the invigilator.
11. Hand over the Admit Card to the invigilator.
12. You are not permitted to leave the examination hall, till the completion of the test.
13. Hand over the used Question-cum-Answer Booklet to the invigilator before leaving the examination hall.
14. Follow the instruction of the invigilators in all matters inside the examination hall.

Roll Number

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Signature of Invigilator

Signature of Candidate

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Rough Work

20. Loma harsha after administration of Vamaka dravya indicates _____
a. Doshapravilayanam
c. Doshasthanebhyahprachalitam
b. Doshakukshimanugatam
d. None of the above
21. Kshudra rogas according to Sarangadhara Samhita.
a. 43
b. 36
c. 44
d. 60
22. Vamana karma is indicated in all the following diseases except _____
a. Unmada & Apasmara
b. Gulma and urdhvagata raktha pitta
c. Athisara and adhogata raktha pitta
d. Visa and Virudhaahara
23. Roga adhistana of Adhijihwika is _____ as per Susruta
a. Jihwa
b. Talu
c. Kandan
d. Sarvaasyam
24. First biochemical abnormality in iron deficiency anaemia is decreased _____
a. Serum iron
b. Serum ferritin
c. Saturation of transferrin
d. All of the above
25. Dravida is the synonym of _____
a. Ela
b. Pippali
c. Guduchi
d. Trivrit
26. Most frequent age for onset of Schizophrenia _____
a. Childhood
b. Middle age
c. Adolescence
d. Old age
27. "Reasoning from general to particular" is called _____
a. Induction
b. Deduction
c. Observation
d. Experience
28. Which is the main ingredient of Shadbindhu thailam?
a. Erandamoolam
b. Bringarajam
c. Tagaram
d. Sathahwa
29. "Ksharabudbudakopamam" is a lakshana of _____. sandhi roga.
a. Alaji
b. Parvani
c. Upanaham
d. Pooyasravam
30. Which of the following is spinal cord poison?
a. Karavira
b. Dattura
c. Kuchala
d. Vatsanabha
31. Kapotha varnatha is found in _____ vrana.
a. Rooda
b. Rohitha
c. Sudha
d. All

32. Mantoux test is done to detect _____
a. Malaria **b. Tuberculosis** c. Typhoid d. Kala azar
33. Chitra thailam is the synonym of _____ thailam.
a. Guggulu b. Chitraka **c. Eranda** d. Jathyadi
34. Number of Vruna Upakrama according to Acharya Charaka is _____
a. 12 b. 32 **c. 36** d. 60
35. Type of bandage in angushta and anguli bhagna is _____
a. Sthagika b. Mandalam c. Pratholi d. Gatwa
36. "Sarvaavasthasunasramolabha" is due to _____
a. Vruna **b. Bhagna** c. Arbuda d. Asthi vidradhi
37. Chakra yoga is indicated in _____ bhagna.
a. Parsukasthi **b. Urvasthi** c. Krukadika d. Kati
38. "Asmari sarkara nasanam param" is the indication of _____ gana according to Susrutha.
a. Virataradi b. Ushakadi **c. Mushkadi** d. Varunadi
39. Slakshna is the property of _____ Pancha mahabhuta dravya.
a. Agni **b. Akasa** c. Vayu d. Jala
40. Jeevadana is the Nanathmaja vyadhi of _____
a. Vata **b. Pitta** c. Sukra d. Medas
41. Sadhyapranahara marma among the following
a. Semantha **b. Sringadaka** c. Sthapani d. Apasthambha
42. The features of Gunja poisoning resembles with _____ poisoning
a. Phosphorus **b. Viper snake bite**
c. Krait snake bite d. Cobra snake bite
43. The method by which a sample is chosen ?
a. Unit **b. Design** c. Random d. Census
44. Trividha Vasthi karma is indicated in _____ VegadharanaChikitsa.
a. Adhovayu b. Pureesha c. Sukra **d. Mutra**

45. Indication of pradhana matra snehapana according to Acharya Charaka.
a. Sodhana **b. Samana** c. Brihmana d. All
46. According to Charakasamhitha ideal season for collection of Twak of a plant is
a. Sharat b. Varsha c. Hemantha d. Greeshma
47. Dhamani Pratichaya is the Nanatmaja roga of _____
a. Vata b. Pitta **c. Kapha** d. Raktha
48. Garbhadharanam agrya is _____
a. Arogyam b. Vajikarana
c. Ksheera & gritha **d. Sowmanasya**
49. Ksheeralasaka is due to _____. dushta sthanya.
a. Vata b. Pitta c. Kapha **d. Tridosha**
50. "Nidrarthasyeva yasyeha tasya _____ Vinirdiset"- Fill in the Blanks.
a. Murcha **b. Tantra** c. Sanyasa d. Alasya
51. The action of Jathiphala on sukra according to Sarangadhara.
a. Rechaka **b. Sthambaka** c. Sukrala d. Srutikara
52. According to Parasarasmruthi a 9 year girl is called _____
a. Rohini b. Mugdha c. Praruda d. Gouri
53. Srutha dhara happens by Suvarna prasanam for _____ months.
a. 6 b. 8 c. 1 d. 12
54. Ashtavimsathi is the synonym of _____ gritha.
a. Mahashatpala **b. Kalyanaka** c. Thikthaka d. None
55. Periventricular leucomalacia is seen in
a. Autism b. ADHD **c. Cerebral palsy** d. Tuberculosis
56. Havishya is the food advised to Rajaswala by _____
a. Charaka **b. Susrutha** c. Hareetha d. Vaghata
57. The Karma which causes yonisosha If done in rithumathi is _____
a. Virechana b. Vamana **c. Nasya** d. Raktha mokshana

58. Samangadigritha is mainly indicated in _____
a. Karnapali roga **b. Danthodbhava roga** c. Phakka d. Lehana
59. Nithya vedana is the characteristic feature of _____
a. Paripluta b. Putragni **c. Vipluta** d. Acharana
60. Garbhavastha in vayah bhedha is mentioned by _____
a. Bhela b. Haritha
c. Arogya kalpa drumam **d. Kasyapa Samhita**
61. According to Acharya SushrutaTeja + Jala + Akasha gives _____ colour to fetus.
a. Gaura b. Krushna **c. Gaurasyama** d. Syama
62. Ksharataila is indicated in _____
a. Karnaroga b. Mukharoga c. Dantharoga **d. All**
63. _____ Gana is Sthanyamayagna and mala pachana.
a. Vachadi **b. Musthadi** c. Padadi d. Haridradi
64. Treatment of the rajika is similar to _____
a. Vrana **b. Visarpa** c. Kushta d. Paama
65. Anna aswadhana is the function of _____ Vayu.
a. Samana b. Udana c. Prana **d. Vyana**
66. Strychnos nuxvomica poisoning symptoms resemble to _____
a. Cholera b. Typhoid c. Malaria **d. Tetanus**
67. Kiratha thikthakadi kwatha is used in _____ vishamajwara.
a. Santhatha b. Sathatha **c. Triteeyaka** d. Anyedu
68. The dose of madanaphala pippali for vamana as per Acharya charaka.
a. 1 tola b. 2 tola c. 1/2 tola **d. anthar nakha mushti pramana**
69. Carpel tunnel syndrome is related with _____ Nerve.
a. Radial **b. Median** c. Ulnar d. Brachial
70. Visha becomes duschikitsyam due to it's _____ property.
a. Vyavayi b. Apaki c. Teekshna **d. Laghu**

71. Dactylography means study of _____
a. Handwriting **b. Finger Prints** c. Foot Prints d. Speech
72. Lodrasevyadi agada is indicated _____ visha.
a. Lootha b. Sarpa c. Alarka d. Mushika
73. _____ is best in Pitharaktha Varjitha Sudhavatha.
a. Bala b. Amalaka c. Guggulu **d. Lasuna**
74. Blue lines on gum indicates poisoning of _____
a. Arsenic b. Copper **c. Lead** d. Mercury
75. Neelinyadi grutha is indicated in
- a. Chardi **b. Gulma** c. Udavartha d. Masoorika
76. "Sandhae sthairyam na jaayathae" is the feature of _____ bandha.
a. Sladha b. Athigaada c. Sama d. All
77. Number of Naasa roga as per Sushrutha is _____
a. 18 b. 34 **c. 31** d. 27
78. Vamana & Verechana is the chikitsa of _____ visha vega of sthavara visha
a. 2nd b. 3rd c. 4th d. 5th
79. Anupana of Narayana churna in Udararoga.
a. Gomutra **b. Takra** c. Ksheera d. Ostramutra
80. Research related to abstract ideas or concept is _____
a. Empirical research **b. Conceptual research**
c. Quantitative research d. Qualitative research
81. Bhanumathi commentary is based on _____ sthana of susrutha samhitha.
a. Chikitsa b. Nidana **c. Sutra** d. All
82. Panchatanmatras are evolved from _____
a. Satwa & Tamas **b. Rajas & Tamas**
c. Satwa, Rajas & Tamas d. None
83. PanchavidhaVipaka Vada was explained by _____
a. Charaka **b. Susruta** c. Nagarjuna d. Bhavaprakasha

84. Purification of Ahiphena through bhavana in _____ Swarasa.
a. **Ardraka** b. Amleeka c. Gomutra d. Godugdha
85. "Balasyasarvarogeshupoojitham Bala varnadham'- is the indication of _____
a. Saraswatha gritha b. Samangadi ghritha
c. Sthira gritha **d. Rajanyadi churnam**
86. Botanical name of Karkatakasringi is _____
a. Gmelina arborea b. Mesua ferra
c. Uraria picta **d. Pistacia chinensis**
87. During samana snehapana, upachara should be similar to _____
a. Vamitha **b. Virechitha** c. Snehavasthi d. No Pathyakrama
88. According to Rajanighantu another name of Laghupanchamoola is _____
a. Trina b. Madhyama **c. Panchagana** d. Valli
89. Avara saaka among the following
a. Jeevanthi **b. Sarshapa** c. Vasthuka d. Kodrava
90. Treatment principle of _____ can be adopted in pandu roga.
a. **Sopha** b. Udara c. Jwara d. Gulma
91. Para phimosis is _____
a. Nirudha mani **b. Parivarthika**
c. Avapatika d. Ahipoothana
92. Akarunya and anritikatwa is the guna of _____ purusha.
a. Tamasa **b. Rajasa** c. Satwika d. both A & B
93. Talushosha is the vidha lakshana of _____ srotas
a. Rasavaha b. Mamsavaha **c. Medovaha** d. Udakavaha
94. All the following are pitrija bhavas except.
a. Sira b. Snayu c. Dhamani **d. Meda**
95. Kaphodharachikitsa except _____ is indicated in chidrodera.
a. Snehapana b. Snehavasti
c. Swedana d. Kasaya vasti

96. "Desat desantaramvrajat"- this type of vatasonitha is treated with _____
a. Jalouga b. Sringa **c. Prachana** d. Tumbi
97. Indication of panchamla.
a. Daha b. Rakthasteevana c. Jwara **d. Trishna**
98. "Swayambu anadi madya nidanaha" is _____
a. Atma b. Mana **c. Kaala** d. All
99. "Bali jeevati Krishna kesa; is said for _____ Rasayana.
a. Krishna tila **b. Loha** c. Swadamstra d. Langhalyadi
100. "Kaalanthara vipaka" is the feature of _____. visha.
a. Dooshi **b. Gara** c. Janghama d. Sthavara

