

STATE LEVEL INDUCTION TRAINING
for
HOMOEOPATHIC MEDICAL OFFICERS UNDER NRHM
8th February – 18th February 2010

REPORT

Sponsored by



National Rural Health Mission

Arogyakeralam

Govt. of Kerala

Organised by

State Health System Resource Centre

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Background

Ever since the incorporation of AYUSH systems into mainstream healthcare as envisaged by National Rural Health Mission, there has been a growing demand from the public for more infrastructure facilities & services in this sector. Human Resource Health in this field has subsequently been strengthened. But there was an acute lack of capacity building & training.

Introduction

Under NRHM, Ayurveda & Homoeo dispensaries were commenced in 2008. In the first phase 41 Homoeo dispensaries and 48 Ayurveda dispensaries were established. In the second phase 101 Homoeo dispensaries and 52 Ayurveda dispensaries were established. In the third phase 50 Ayurveda dispensaries were established. There are also 11 Unani Dispensaries, recently established. Altogether there are **303** AYUSH Medical Officer posts in these institutions.

Training objective

Induction Training to AYUSH Medical Officers working in dispensaries established under NRHM.

Training plan

It was proposed to give 2 days state level training to all AYUSH Medical officers. The Medical Officers under each system of Medicine were divided into batches comprising of 30 doctors each. There will be altogether **10** batches (Homoeo-4, Ayurveda-5 & Unani-1).

Training schedule - overview

Phase 1	Homoeopathy	:	8 th - 11 th & 15 th – 18 th February 2010 8 days (4 batches)
Phase 2	Ayurveda	:	15 th - 20 th , 22 nd – 25 th March 2010 10 days (5 batches)
Phase 3	Unani	:	26 th & 27 th March 2010 , 2 days (1 batch)

Training Committee

Advisory Board

1. Chief Patron

Dr. Dinesh Arora IAS, State Mission Director (NRHM)

2. Patrons

Dr. P. K. Jameela, State Programme Manager (NRHM)

Dr. Sandeep, Consultant (M&E), NRHM

Dr. P. Sunny J. Jacob, Director of Homoeopathy.

Dr. T. Abdu Rehman, Controlling Officer of Homoeopathic Medical Education

Dr. Anitha Jacob, Director of Indian Systems of Medicine

Dr. M. R. Vasudevan Namboothiri, Director of Ayurveda Medical Education,

Training Team

1. Training Director & Convenor, Programme Committee

Dr. A. K. Radhakrishnan, Executive Director, SHSRC

2. Training Convenor & Convenor, Accommodation Committee

Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC

3. Training Co-ordinator & Convenor, Transportation Committee

Mr. Ajith Prasad K. K, Consultant (Administration), NRHM

4. Convenor, Finance Committee : Mr. Mohanachandran, Section Officer

5. Convenor, Food Committee : Ms. Cigimol Jacob, ASHA Consultant (Training)

6. Convenor, Reception Committee : Ms. Smitha Sebastian, ASHA Consultant (Training)

7. Convenor, Technical Committee : Ms. Swapna. A, ASHA Consultant (Documentation)

INAUGURATION

**17th February 2010, Wednesday
10.30 am – 11 am**

- Welcome speech : **Dr. A. K. Radhakrishnan**
Executive Director, SHSRC
- Presidential address : **Dr. P. K. Jameela**
State Programme Manager, NRHM
- Inauguration : **Dr. Dinesh Arora IAS**
State Mission Director NRHM
- Felicitations : **Dr. T. Abdu Rahman**
Controlling Officer, Hom Medical Education
- Dr. P. Sunny J. Jacob**
Director of Homoeopathy
- Dr. M. R. Vasudevan Namboothiri**
Director of Ayurveda Medical Education
- Dr. Anitha Jacob**
Director of Indian Systems of Medicine
- Mr. Suresh. K**
State Admn & HR Manager, NRHM
- Vote of thanks : **Dr. R. Rejikumar**
Consultant (AYUSH Integration), SHSRC

Training schedule

Batch-1

Day-1: 08.02.2010 (Monday)

- 10 am : Session 1
NRHM – Operational guidelines & Framework
Dr. P. K. Jameela, State Programme Manager, NRHM
- 11 am : Tea break
- 11.15 am : Session 2
Lifestyle Diseases – Diagnosis & Management
Dr. K. Sandeep, Consultant (M&E), NRHM
- 12.15 pm : Session 3
Activities & schemes of Dept. of AYUSH
Mr. K. Suresh, State Admn & HR Manager, NRHM
- 1.15 pm : Lunch Break
- 2 pm : Session 4
Basic Life Support & First aid
Dr. Sajeesh, Consultant Anesthesiologist, S. P. Fort Hospital
- 3 pm : Session 5
Group Dynamics & Teamwork
Mr. Ashok Sharma, Ex-Faculty, IMG
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Feedback**

Day-2 : 09.02.2010 (Tuesday)

- 10 am : **Dispensary Administration & Basic accounting**
Dr. Roy. Y. Das, CMO, GHD Kollayil, Tvm
- 11 am : Tea break
- 11.15 am : **Epidemic Diseases & intervention of RAECH**
Dr. B. S. Rajaskharan, MO, GHD Panavoor
- 12.15 pm : **Homoeopathic Pharmacy – Legal aspects**
Dr. S. Suresh
Chief Pharmacy Officer, HOMCO, Alappuzha
- 1.15 pm : Lunch Break
- 2 pm : **School Health Programme & Homoeopathy**
Dr. Gopikumar, MO, GHD Navaikulam
- 3 pm : **Paediatric Examination & Newborn care**
Dr. Bennet, Paediatrician,
District Model Hospital, Peroorkada
- 4 pm : Tea Break
- 4.15 pm : **Obstetric examination & Antenatal care**
Dr. A. K. Radhakrishnan, Executive Director, SHSRC
- 5.15 pm : **Evaluation & Conclusion**

Batch-2

Day-1: 10.02.2010 (Wednesday)

- 10 am : Session 1
Obstetric examination & Antenatal care
Dr. A. K. Radhakrishnan, Executive Director, SHSRC
- 11 am : Tea break
- 11.15 am : Session 2
Lifestyle Diseases – Diagnosis & Management
Dr. K. Sandeep, Consultant (M&E), NRHM
- 12.15 pm : Session 3
Activities & schemes of Dept. of AYUSH
Mr. K. Suresh, State Admn & HR Manager, NRHM
- 1.15 pm : Lunch Break
- 2 pm : Session 4
Basic Life Support & First aid
Dr. Sajeesh, Consultant Anesthesiologist, S. P. Fort Hospital
- 3 pm : Session 5
NRHM – Operational guidelines & Framework
Mr Ajith Prasad, Consultant (Administration), NRHM
- 4 pm : Tea Break
- 4.15 pm : Session 6
Group Dynamics & Teamwork
Mr . Ashok Sharma, Ex-Faculty, IMG

Day-2 : 11.02.2010 (Thursday)

- 10 am : **Dispensary Administration & Basic accounting**
Dr. Roy. Y. Das, CMO, GHD Kollayil, Tvm
- 11 am : Tea break
- 11.15 am : **Epidemic Diseases & intervention of RAECH**
Dr. B. S. Rajaskharan, MO, GHD Panavoor
- 12.15 pm : **School Health Programme & Homoeopathy**
Dr. Gopikumar, MO, GHD Navaikulam
- 1.15 pm : Lunch Break
- 2 pm : **Paediatric Examination & Newborn care**
Dr. Amar Fettle, Paediatrician,
State Nodal Officer, H1N1 Cell
- 3 pm : **Homoeopathic Pharmacy – Legal aspects**
Dr. R. Rejikumar
Consultant (AYUSH Integration), SHSRC
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Conclusion**

Batch-3

Day-1: 15.02.2010 (Monday)

- 10 am : Session 1
NRHM – Operational guidelines & Framework
Mr Ajith Prasad, Consultant (Administration), NRHM
- 11 am : Tea break
- 11.15 am : Session 2
Lifestyle Diseases – Diagnosis & Management
Dr. K. Sandeep, Consultant (M&E), NRHM
- 12.15 pm : Session 3
Activities & schemes of Dept. of AYUSH
Mr. K. Suresh, State Admn & HR Manager, NRHM
- 1.15 pm : Lunch Break
- 2 pm : Session 4
Obstetric examination & Antenatal care
Dr. A. K. Radhakrishnan, Executive Director, SHSRC
- 3 pm : Session 5
BCC Activities
Mr. Premjith. P, Sr. Consultant (BCC), NRHM
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Feedback**

Day-2 : 16.02.2010 (Tuesday)

- 10 am : Session 1
Dispensary Administration & Basic accounting
Dr. Roy. Y. Das, CMO, GHD Kollayil, Tvm
- 11 am : Tea break
- 11.15 am : Session 2
Epidemic Diseases & intervention of RAECH
Dr. B. S. Rajaskharan, MO, GHD Panavoor
- 12.15 pm : Session 3
School Health Programme & Homoeopathy
Dr. Gopikumar, MO, GHD Navaikulam
- 1.15 pm : Lunch Break
- 2 pm : Session 4
Paediatric Examination & Newborn care
Dr. Amar Fettle, Paediatrician,
State Nodal Officer, H1N1 Cell
- 3 pm : Session 5
Basic Life Support & First aid
Dr. Dinesh R. S, Asst. Surgeon, PHC Kannambra, Palakkad
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Conclusion**

Batch-4

Day-1 : 17.02.2010 (Wednesday)

- 10 am : Session 1
NRHM – Operational guidelines & Framework
Dr. P. K. Jameela, State Programme Manager, NRHM
- 11 am : Tea break
- 11.15 am : Session 2
Lifestyle Diseases – Diagnosis & Management
Dr. K. Sandeep, Consultant (M&E), NRHM
- 12.15 pm : Session 3
Activities & schemes of Dept. of AYUSH
Mr. K. Suresh, State Admn & HR Manager, NRHM
- 1.15 pm : Lunch Break
- 2 pm : Session 4
Obstetric examination & Antenatal care
Dr. A. K. Radhakrishnan, Executive Director, SHSRC
- 3 pm : Session 5
Basic Life Support & First aid
Dr. Dinesh R. S, Asst. Surgeon, PHC Kannambra, Palakkad
- 4 pm : Tea Break
- 4.15 pm : Session 5
ASHA Activities
Ms. Seena K. M, Consultant (Social Development), NRHM

Day-2 : 18.02.2010 (Thursday)

- 10 am : Session 1
School Health Programme & Homoeopathy
Dr. Gopikumar, MO, GHD Navaikulam
- 11 am : Tea break
- 11.15 am : Session 2
Epidemic Diseases & intervention of RAECH
Dr. B. S. Rajaskharan, MO, GHD Panavoor
- 12.15 pm : Session 3
Dispensary Administration & Basic accounting
Dr. Roy. Y. Das, CMO, GHD Kollayil, Tvm
- 1.15 pm : Lunch Break
- 2 pm : Session 4
Paediatric Examination & Newborn care
Dr. Amar Fettle, Paediatrician,
State Nodal Officer, H1N1 Cell
- 3 pm : Session 5
Homoeopathic Pharmacy – Legal aspects
Dr. R. Rejikumar
Consultant (AYUSH Integration), SHSRC
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Conclusion**

List of Homoeo Medical Officers who have attended the Induction Training

Batch-1 (8th & 9th February 2010)

Sl. No	Name of MO	District	Location of Dispensary
1	Dr. Aby M Abraham	Pathanamthitta	Perunnadu
2	Dr. Ashly Varghese	Palakkad	Kuthannur
3	Dr. Ashni Ross VJ	Kannur	Cheruthazham
4	Dr. Chandrasekhar Kumar	Thrissur	Chalakkudi Municipality
5	Dr. Jalaja K	Palakkad	Kottai
6	Dr. Jaseetha Devi MA	Kannur	Pariyaram
7	Dr. Maya B	Kollam	Karipra
8	Dr. Meera Rani R. V	Thrissur	Paralam
9	Dr. Mini G Varma	Kottayam	TV Puram
10	Dr. Mishal Mohandas	Malappuram	Thavanur
11	Dr. Padmaja Prasad	Kannur	Karivellur-Peralam
12	Dr. Prasanth C Raynold	Thrissur	Kadukutty
13	Dr. Raji Balsarias	Pathanamthitta	Koduman
14	Dr. Remya KP	Kozhikode	Unnikulam
15	Dr. Resmi Ramakrishnan	Alappuzha	Nedumudi
16	Dr. Rosy Sebastian	Idukki	Kanchiyar
17	Dr. Sachinmaya Ligi	Kollam	Evoor
18	Dr. Sajini S	Kollam	Chavara
19	Dr. Sareesh S	Kasaragod	Panathadi
20	Dr. Sheeba U. R	Kannur	Ettukudukka
21	Dr. Sheela Kumari NS	Thiruvananthapuram	Vilappil
22	Dr. Shylaja KP	Thrissur	Kodasseri
23	Dr. Sindhu TR	Thiruvananthapuram	Vellarada
24	Dr. Sithara TK	Alappuzha	Ala
25	Dr. Sobha K	Kasaragod	Valiyaparambu
26	Dr. Sreejith. K	Ernakulam	Paingottur
27	Dr. Subana B	Ernakulam	Varappuzha
28	Dr. Subhash MP	Thrissur	Vallatholnagar
29	Dr. Sudhir Elambilan	Kannur	Padiyoor-Kalyadu
30	Dr. Sushama Devi	Kozhikode	Chengottukavu
31	Dr. Vijaya Rani MK	Palakkad	Pallassana
32	Dr. Vinita PM	Kottayam	Karukachal

Batch-2 (10th & 11th February 2010)

Sl. No	Name of MO	District	Location of Dispensary
1	Dr. Anish Raghavan	Malappuram	Purathur
2	Dr. Anusha R Nair	Kottayam	Kuruvilangadu
3	Dr. Binu Lakshman	Kottayam	Manimala
4	Dr. Diya DJ	Pathanamthitta	Kadambanadu
5	Dr. Divyasree M. S	Ernakulam	Kottappadi
6	Dr. Jayasree Kodakkotil	Thrissur	Mundathikodu
7	Dr. Kuttappan KM	Idukki	Senapathi
8	Dr. Latha S	Kozhikode	Velam
9	Dr. Lesitha VP	Kozhikode	Kadalundi
10	Dr. Lija S	Palakkad	Karimpuzha
11	Dr. Raghunathan Nair M	Thiruvananthapuram	Kattakada
12	Dr. Ragi K Prasadk	Kannur	Kallyasseri
13	Dr. Rekha B Prabhu	Thrissur	Punnayurkulam
14	Dr. Rekha CS	Kollam	Neduvathur
15	Dr. Senu John Kovur	Kollam	Kizhakke Kallada
16	Dr. Sheeja D	Kollam	Karavalur
17	Dr. Sheela CR	Pathanamthitta	Cherukol
18	Dr. Shyma S	Thiruvananthapuram	Ottasekharamangalam
19	Dr. Similia S Nair	Kannur	Pattyam
20	Dr. Smitha Rani L	Kasaragod	Vorkkadi
21	Dr. Sreeja S Nair	Thrissur	Mullasseri
22	Dr. Sreekanth V	Palakkad	Koduvayur
23	Dr. Sreekumar K	Kannur	Chirakkal
24	Dr. Sreelatha TY	Kannur	Pinarayi
25	Dr. Sreelekha K	Alappuzha	Mavelikkara Thamarakkulam
26	Dr. Sreeraj G. Prabhu	Thrissur	varantharappilly
27	Dr. Sunita Mani	Palakkad	Muthuthala
28	Dr. Suresh S	Kasaragod	Bellur
29	Dr. Swapna Sathyan	Alappuzha	Kavalam
30	Dr. Vijayakumari KM	Thiruvananthapuram	MLA Quarters
31	Dr. Vijitha P	Ernakulam	Ernakulam Corpn.

Batch-3 (15th & 16th February 2010)

Sl. No	Name of MO	District	Location of Dispensary
1	Dr. Ajitha A V	Kasaragod	Cheruvathur
2	Dr. Anitha T C	Kasaragod	Kumbadaje
3	Dr. Anoop A. S	Ernakulam	Kallookadu
4	Dr. Anupama Dev A	Thiruvananthapuram	Sreekaryam
5	Dr. Babitha Bhaskaran	Kannur	Vengadu
6	Dr. Beena K	Ernakulam	Payipra
7	Dr. Bijimol K	Idukki	Kumaramangalam
8	Dr. Bini Markose	Palakkad	Nenmara
9	Dr. Dharsana S	Alappuzha	Budhannur
10	Dr. Dhanya Prasad	Ernakulam	Amballur
11	Dr. Indu C Sekhar	Alappuzha	Muhamma
12	Dr. Jaya M David	Thiruvananthapuram	Manickal
13	Dr. Jayamole. J	Kottayam	Njeezhoor
14	Dr. Jayasree. K	Kasaragod	Bedadukka
15	Dr. Josh S	Thrissur	Guruvayoor
16	Dr. Anwar Rahman	Malappuram	Perumana Klari
17	Dr. Lakshmi P Darling	Pathanamthitta	Kaviyoor
18	Dr. Manjusha Shamlet	Wynad	Kalpatta Municipality
19	Dr. Mariamma George	Thrissur	Melloor
20	Dr. Poornima Raghavan	Palakkad	Vandazhi
21	Dr. Pradeepan P. V	Kannur	Kuttiattur
22	Dr. Praveen Kumar S	Palakkad	Alanellur
23	Dr. Preeja Rajan	Kozhikkode	Ferook
24	Dr. Rajukuttan	Kannur	Peringom-Vayakkara
25	Dr. Roshni Bindiya K. N	Kozhikkode	Thuneri
26	Dr. Shajida Beegam S. A	Pathanamthitta	Malayalapuzha
27	Dr. Sheela Abraham	Alappuzha	Aryadu
28	Dr. Sheena PS	Kollam	Ezhukone
29	Dr. Shyna Gopinath	Kozhikkode	Thrikkadavur
30	Dr. Sreekanth P. S	Kollam	Munroethuruthu
31	Dr. Vimal Kumar S	Thrissur	Mathilakam

Batch-4 (17th & 18th February 2010)

Sl. No	Name of MO	District	Location of Dispensary
1	Dr. Anitha. V	Thiruvananthapuram	Pallickal
2	Dr. Arunchand	Palakkad	Muthalamada
3	Dr. Bijoy. B	Kollam	Neendakara
4	Dr. Bindu	Ernakulam	Chennamangalam
5	Dr. Danazmole M.S	Alappuzha	Aroor
6	Dr. Deepa Pillai	Thrissur	Koratti
7	Dr. Dhanya M.S	Pathanamthitta	Puramattam
8	Dr. Geemol George	Thrissur	Pariyaram
9	Dr. Hariharan	Alappuzha	Cherthala south
10	Dr. Jancy Thomas	Thrissur	Paruthur
11	Dr. Jasida D	Kozhikode	Koorachundu
12	Dr. Jeevan P. S	Ernakulam	Malayattoor
13	Dr. Jessy Rekha P. P	Kottayam	Koruthodu
14	Dr. Krishna Kumar. U	Thiruvananthapuram	Madavoor
15	Dr. ManjuKumari A S	Pathanamthitta	Iraviperur
16	Dr. Manu A. K	Palakkad	Elavancheri
17	Dr. Margret Aneeta	Ernakulam	Pavaratty
18	Dr. Neema. B	Kannur	Naduvil
19	Dr. Pinky Ravindran	Kollam	Ummannur
20	Dr. Preetha N S	Thiruvananthapuram	Kallara
21	Dr. Prem Kumar G	Idukki	Santhanpara
22	Dr. Renjin Raj	Idukki	Munnar
23	Dr. Renu Radhakrishnan	Kozhikode	Kayakkodi
24	Dr. Shali D	Kollam	Veliyam
25	Dr. Sheela R	Thrissur	Thrikkur
26	Dr. Sini S	Kannur	Alakkodu
27	Dr. SreeKumar M B	Kasaragod	Muliyar
28	Dr. Sreekumar S	Kasaragod	Enmakaje
29	Dr. Sudhir K T	Kozhikode	Padiyoor - Blathur
30	Dr. Venus Mercelin	Ernakulam	Mulloorkara
31	Dr. Zahida Majeeda	Kozhikode	Nochadu

Conclusion

The induction training was the culmination of a much awaited need for interaction of Homoeo Medical Officers with the NRHM officials. It paved for the clarification of many of their doubts and anxieties. It also helped to consolidate a first hand information of the AYUSH activities across the state. The empowerment and capacity building initiative was another landmark. Training in specialised areas including computer training should be periodically conducted in the future. A mechanism for impact assessment and training need analysis should also be envisaged.