

**STATE LEVEL INDUCTION TRAINING**  
**for**  
**AYURVEDA MEDICAL OFFICERS UNDER NRHM**  
**19<sup>th</sup> – 27<sup>th</sup> March 2010**

**REPORT**

*Sponsored by*



**National Rural Health Mission**  
**Arogyakeralam**  
**Govt. of Kerala**

*Organised by*



**State Health System Resource Centre**  
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Ever since the incorporation of AYUSH systems into mainstream healthcare as envisaged by National Rural Health Mission, there has been a growing demand from the public for more infrastructure facilities & services in this sector. Human Resource Health in this field has subsequently been strengthened. But there was an acute lack of capacity building & training.

### **Introduction**

Under NRHM, Ayurveda & Homoeo dispensaries were commenced in 2008. In the first phase 41 Homoeo dispensaries and 48 Ayurveda dispensaries were established. In the second phase 101 Homoeo dispensaries and 52 Ayurveda dispensaries were established. In the third phase 50 Ayurveda dispensaries were established. There are also 11 Unani Dispensaries, recently established. Altogether there are **303** AYUSH Medical Officer posts in these institutions.

### **Training objective**

Induction Training to AYUSH Medical Officers working in dispensaries established under NRHM.

### **Training plan**

It was proposed to give 2 days state level training to all AYUSH Medical officers. The Medical Officers under each system of Medicine were divided into batches comprising of 30 doctors each. There will be altogether **10** batches (Homoeo-4, Ayurveda-5 & Unani-1).

### **Training schedule - overview**

<b>Phase 1</b>	<b>Homoeopathy</b>	:	8 <sup>th</sup> - 11 <sup>th</sup> & 15 <sup>th</sup> – 18 <sup>th</sup> February 2010 8 days (4 batches)
<b>Phase 2</b>	<b>Ayurveda</b>	:	19 <sup>th</sup> - 27 <sup>th</sup> March 2010 8 days (4 batches)

## Training Committee

### Advisory Board

#### 1. Chief Patron

Dr. Dinesh Arora IAS, State Mission Director (NRHM)

#### 2. Patrons

Dr. P. K. Jameela, State Programme Manager (NRHM)

Dr. Sandeep, Consultant (M&E), NRHM

Dr. P. Sunny J. Jacob, Director of Homoeopathy.

Dr. T. Abdu Rehman, Controlling Officer of Homoeopathic Medical Education

Dr. Anitha Jacob, Director of Indian Systems of Medicine

Dr. M. R. Vasudevan Namboothiri, Director of Ayurveda Medical Education,

### Training Team

#### 1. Training Director & Convenor, Programme Committee

Dr. A. K. Radhakrishnan, Executive Director, SHSRC

#### 2. Training Convenor & Convenor, Accommodation Committee

Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC

#### 3. Training Co-ordinator & Convenor, Transportation Committee

Mr. Ajith Prasad K. K, Consultant (Administration), NRHM

4. Convenor, Finance Committee : Mr. Mohanachandran, Section Officer

5. Convenor, Food Committee : Ms. Cigimol Jacob, ASHA Consultant (Training)

6. Convenor, Reception Committee : Ms. Smitha Sebastian, ASHA Consultant (Training)

7. Convenor, Technical Committee : Ms. Swapna. A, ASHA Consultant (Documentation)

**INAUGURATION**  
**19<sup>th</sup> March 2010, Friday**  
**9.30 am – 10 am**

- Welcome speech : **Dr. A. K. Radhakrishnan**  
Executive Director, SHSRC
- Presidential address : **Dr. P. K. Jameela**  
State Programme Manager, NRHM
- Inauguration : **Dr. Dinesh Arora IAS**  
State Mission Director NRHM
- Felicitations : **Dr. M. R. Vasudevan Namboothiri**  
Director of Ayurveda Medical Education
- Dr. Anitha Jacob**  
Director of Indian Systems of Medicine
- Mr. Suresh. K**  
State Admn & HR Manager, NRHM
- Vote of thanks : **Dr. R. Rejikumar**  
Consultant (AYUSH Integration), SHSRC

**Training schedule : Batch-1 : 19.03.2010 (Wednesday)**

- 10 am : Session 1  
**NRHM – Operational guidelines & Framework**  
Mr. Ajit Prasad, Consultant (Admn) & Training Co-ordinator, NRHM
- 11 am : Tea break
- 11.15 am : Session 2  
**Obstetric examination & Antenatal care**  
Dr. A. K. Radhakrishnan, Executive Director, SHSRC
- 12: 15 pm : Session 3  
**AYUSH Integration**  
Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC
- 1.15 pm : Lunch Break
- 2 pm : Session 4  
**Dispensary Administration & Basic Accounting**  
Dr. P Haridas, Senior Medical Officer, GAD, Balaramapuram
- 3 pm : Session 5  
**Paediatric Examination & Newborn care**  
Dr. Amar Fettle, Paediatrician, State Nodal Officer, H1N1 Cell
- 4 pm : Tea Break
- 4.15 pm : **Recap & Feedback**

**Training schedule : Batch-2 : 20.03.2010 (Saturday)**

- 10 am : Session 1  
**Non Communicable Diseases – Diagnosis & Management**  
Dr. V. K. Sasikumar, Chief Medical Officer, GAH Paravoor
- 11 am : Tea break
- 11.15 am : Session 2  
**Epidemic Diseases**  
Dr. Jaya P.R., Medical Officer, GAD, Secretariate
- 12.15 pm : Session 3  
**Geriatry**  
Dr. S. R. Durga, Medical Officer, GAH, Parassala
- 1.15 pm : Lunch Break
- 2 pm : Session 4  
**First Aid**  
Dr. T.S. Jayan, Senior Medical Officer, DAH Varkala
- 3 pm : Session 5  
**Panchakarama**  
Dr. G. Syamakrishnan Medical Officer, GAH, Venganoor
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Conclusion**

**Training schedule : Batch-2 : 22.03.2010 (Monday)**

- 10 am : Session 1  
**NRHM – Operational guidelines & Framework**  
Mr. Ajit Prasad, Consultant (Admn) & Training Co-ordinator, NRHM
- 11 am : Tea break
- 11.15 am : Session 2  
**Healthcare Delivery System**  
Dr. Sandeep, Sr. Consultant (M&E), NRHM
- 12: 15 pm : Session 3  
**AYUSH Integration**  
Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC
- 1.15 pm : Lunch Break
- 2 pm : Session 4  
**Dispensary Administration & Basic Accounting**  
Dr. P Haridas, Senior Medical Officer, GAD, Balaramapuram
- 3 pm : Session 5  
**Paediatric Examination & Newborn care**  
Dr. Amar Fettle, Paediatrician, State Nodal Officer, H1N1 Cell
- 4 pm : Tea Break
- 4.15 pm : **Recap & Feedback**

**Training schedule : Batch-2 : 23.03.2010 (Tuesday)**

- 10 am : Session 1  
**Non Communicable Diseases – Diagnosis & Management**  
Dr. V. K. Sasikumar, Chief Medical Officer, GAH Paravoor
- 11 am : Tea break
- 11.15 am : Session 2  
**Epidemic Diseases**  
Dr. Jaya P.R., Medical Officer, GAD, Secretariate
- 12.15 pm : Session 3  
**Geriatry**  
Dr. S. R. Durga, Medical Officer, GAH, Parassala
- 1.15 pm : Lunch Break
- 2 pm : Session 4  
**First Aid**  
Dr. T.S. Jayan, Senior Medical Officer, DAH Varkala
- 3 pm : Session 5  
**Panchakarama**  
Dr. G. Syamakrishnan Medical Officer, GAH, Venganoor
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Conclusion**



**Training schedule : Batch-3 : 24.03.2010 (Tuesday)**

- 10 am : Session 1  
**NRHM – Operational guidelines & Framework**  
Mr. Ajit Prasad, Consultant (Admn) & Training Co-ordinator, NRHM
- 11 am : Tea break
- 11.15 am : Session 2  
**Healthcare Delivery System**  
Dr. Sandeep, Sr. Consultant (M&E), NRHM
- 12: 15 pm : Session 3  
**AYUSH Integration**  
Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC
- 1.15 pm : Lunch Break
- 2 pm : Session 4  
**Dispensary Administration & Basic Accounting**  
Dr. P Haridas, Senior Medical Officer, GAD, Balaramapuram
- 3 pm : Session 5  
**Obstetric examination & Antenatal care**  
Dr. A. K. Radhakrishnan, Executive Director, SHSRC
- 4 pm : Tea Break
- 4.15 pm : **Recap & Feedback**

**Training schedule : Batch-3 : 25.03.2010 (Wednesday)**

- 9 am : Session 1  
**First Aid**  
Dr. T.S. Jayan, Senior Medical Officer, DAH Varkala
- 10 am : Session 2  
**Non Communicable Diseases – Diagnosis & Management**  
Dr. V. K. Sasikumar, Chief Medical Officer, GAH Paravoor
- 11 am : Tea break
- 11.15 am : Session 3  
**Epidemic Diseases**  
Dr. Jaya P.R., Medical Officer, GAD, Secretariate
- 12.15 pm : Session 4  
**Geriatry**  
Dr. S. R. Durga, Medical Officer, GAH, Parassala
- 1.15 pm : Lunch Break
- 2 pm : Session 5  
**Panchakarama**  
Dr. G. Syamakrishnan Medical Officer, GAH, Venganoor
- 3 pm : Tea Break
- 3.15 pm : **Evaluation & Conclusion**

**Training schedule : Batch-4 : 26.03.2010 (Friday)**

- 10 am : Session 1  
**NRHM – Operational guidelines & Framework**  
Dr. P. K. Jameela, State Programme Manager, NRHM
- 11 am : Tea break
- 11.15 am : Session 2  
**Healthcare Delivery System**  
Dr. Sandeep, Sr. Consultant (M&E), NRHM
- 12: 15 pm : Session 3  
**AYUSH Integration**  
Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC
- 1.15 pm : Lunch Break
- 2 pm : Session 4  
**Dispensary Administration & Basic Accounting**  
Dr. P Haridas, Senior Medical Officer, GAD, Balaramapuram
- 3 pm : Session 5  
**Obstetric examination & Antenatal care**  
Dr. A. K. Radhakrishnan, Executive Director, SHSRC
- 4 pm : Tea Break
- 4.15 pm : **Recap & Feedback**

**Training schedule : Batch-4 : 27.03.2010 (Saturday)**

- 10 am : Session 1  
**Non Communicable Diseases – Diagnosis & Management**  
Dr. Rahul, Medical Officer, GATD Chettiyampara
- 11 am : Tea break
- 11.15 am : Session 2  
**Epidemic Diseases**  
Dr. Jaya P.R., Medical Officer, GAD, Secretariate
- 12.15 pm : Session 3  
**Geriatry**  
Dr. S. R. Durga, Medical Officer, GAH, Parassala
- 1.15 pm : Lunch Break
- 2 pm : Session 4  
**First Aid**  
Dr. T.S. Jayan, Senior Medical Officer, DAH Varkala
- 3 pm : Session 5  
**Panchakarama**  
Dr. G. Syamakrishnan Medical Officer, GAH, Venganoor
- 4 pm : Tea Break
- 4.15 pm : **Evaluation & Conclusion**

**List of Ayurveda Medical Officers who have attended the Induction Training**

**Batch-1 (19<sup>th</sup> & 20<sup>th</sup> March 2010)**

<b>Sl. No</b>	<b>Name of MO</b>	<b>Grama Panchayat</b>	<b>District</b>
1	Dr. Afnida P. A	Chekyad	Kozhikodu
2	Dr. Amritha R Nair	Varappetti	Ernakulam
3	Dr. Anitha O	Pangodu	Thiruvananthapuram
4	Dr. Baiju P. R	Koratti	Thrissur
5	Dr. Bindu Pillay	Nanniyodu	Thiruvananthapuram
6	Dr. Budhan	Kalikkavu	Malappuram
7	Dr. Chandrasekharan K. B	Mararikkulam South	Alappuzha
8	Dr. Deepa K. L	Thiruvaniyoor	Ernakulam
9	Dr. Deepthi G. D	Pooyappalli	Kollam
10	Dr. Ganga D. S	Ottappalam GAH	Palakkadu
11	Dr. Girijanand M. S	Kollam Corporation	Kollam
12	Dr. Hima Alias	Keerampara	Ernakulam
13	Dr. Jeeja M	Thirunnavaya	Malappuram
14	Dr. Justin Jose C. B	Pallichal	Thiruvananthapuram
15	Dr. Mini I	Vettikkavala	Kollam
16	Dr. Nithya	Purameri	Kozhikodu
17	Dr. Praguna S Nambiar	Chelora	Kannur
18	Dr. Praveen P. R	Kunjimanagalam	Kannur
19	Dr. Rajeesha B	Aalipparambu	Malappuram
20	Dr. Ramesan P	GAH Payyannur	Kannur
21	Dr. Roopasree R	Perambra	Kozhikodu
22	Dr. Sameer Babu K	Pattambi	Palakkadu
23	Dr. Sathisan K	Sreekantapuram	Kannur
24	Dr. Seena K	Edakkad	Kannur
25	Dr. Shabana P	Neeleswaram	Kasargodu
26	Dr. Sharath N	Vayalar	Alappuzha
27	Dr. Sona K. B	Edathuruthi	Thrissur
28	Dr. Sreedevi M	Athirumpuzha	Kottayam
29	Dr. Sreejith S	Chemanjeri	Kozhikodu
30	Dr. Thushara V	Thrikkodithanam	Kottayam
31	Dr. Usha	Velur	Thrissur
32	Dr. Veena Agastin	Kadambur	Kannur
33	Dr. Vidhya	Marakara	Malappuram

**Batch-2 (22<sup>nd</sup> & 23<sup>rd</sup> March 2010)**

<b>Sl. No</b>	<b>Name of MO</b>	<b>Grama Panchayat</b>	<b>District</b>
1	Dr. Abhishek P	Karunapuram	Idukki
2	Dr. Anju S	Elamadu	Kollam
3	Dr. Jayalekshmi.	Alangadu	Ernakulam
4	Dr. Joson Jacob	Elappara	Idukki
5	Dr. Kabeer AM	Kattakambal	Thrissur
6	Dr. Kashmeera A	Kuttikkal	Kottayam
7	Dr. Lekha VK	Chathannur	Kollam
8	Dr. Lekshmi Padmanabhan	Karukutty	Ernakulam
9	Dr. Madhu. K	Pulinkunnu	Alappuzha
10	Dr. Malini K	Elayavur	Kannur
11	Dr. Meera L	Malayinkeezhu	Thiruvananthapuram
12	Dr. Mohanan P	Azhikkodu	Kannur
13	Dr. Pradeep Thomas	Kanjirappally	Kottayam
14	Dr. Priya VL	Kulasekharapuram	Kollam
15	Dr. Rasheed K	Kuttiapuram	Malappuram
16	Dr. Rashmi P	Cheriyamundam	Malappuram
17	Dr. Reginamma Thomas	Mokeri	Kannur
18	Dr. Rehana Rani	Anchal	Kollam
19	Dr. Retna Kumar. R	Punnapra North	Alappuzha
20	Dr. Salila Saroj	Nenmanikkam	Thrissur
21	Dr. Sandeep P	Cherupuzha	Kannur
22	Dr. Seena NK	GAD Irinavu	Kannur
23	Dr. Shamila VM	Melur	Thrissur
24	Dr. Shyli S raju	Kodungallur Municipality	Thrissur
25	Dr. Soumya Philip	Polpulli	Palakkad
26	Dr. Sujatha MA	Tholikkod	Thiruvananthapuram
27	Dr. Sumayya N Meera	Vettathur	Malappuram
28	Dr. Sunil K. John	Adoor	Pathanamthitta
29	Dr. Sunil Mathew	Ayyappan Kovil	Idukki
30	Dr. Susanth C. K	Koilandi Municipality	Kozhikode

**Batch-3 (24<sup>th</sup> & 25<sup>th</sup> March 2010)**

<b>Sl. No</b>	<b>Name of MO</b>	<b>Grama Panchayat</b>	<b>District</b>
1	Dr. Adarsh P	Udumbanchola	Idukki
2	Dr. Ambili P. R	Kavilumpara	Kozhikodu
3	Dr. Anjana Chandran K	Keralasseri	Palakkadu
4	Dr. Anju Aravind T	Thirunelli	Wayanadu
5	Dr. Anju V Raju	Kalluvathikkal	Kollam
6	Dr. Balakrishnan C	Vadakkkode	Thrissur
7	Dr. Bindhu Vijayan N	Mangalam	Malappuram
8	Dr. Bindu Kamalobhavan	Thannithode	Pathanamthitta
9	Dr. Bushra P	Othukkungal	Malappuram
10	Dr. Chinnu R Chandran	Melukavu	Kottayam
11	Dr. Cini C Chandran	Puthenvelikkara	Ernakulam
12	Dr. Deepa D Rajan	Enadimangalam	Pathanamthitta
13	Dr. Ilimunnessa CI	Vattankulam	Malappuram
14	Dr. Koshy Panicker K. N	Kodur	Malappuram
15	Dr. Lakshmi LT	Kadakkal	Kollam
16	Dr. Lakshmi Mohan	Elanji	Ernakulam
17	Dr. Nanda Kumar KP	Ajannur	Kasargodu
18	Dr. Radhika P	Udayagiri	Kannur
19	Dr. Rarima A	Nilamel	Kollam
20	Dr. Rence P Varghese	Upputhura	Idukki
21	Dr. Sajeera Kappan	Morayur	Malappuram
22	Dr. Salini MN	Arpookkara	Kottayam
23	Dr. Sandhya MV	Kannapuram	Kannur
24	Dr. Seema G. K	DAH Ekm	Ernakulam
25	Dr. Shameeka CK	Ramanattukara	Kozhikodu
26	Dr. Shihabuddeen EM	Pallikkal	Malappuram
27	Dr. Soumya ramesan	Kuzhippilli	Ernakulam
28	Dr. Sreejan S. D	Panavur	Thiruvananthapuram
29	Dr. Subitha Sukumaran	Mattathur	Thrissur
30	Dr. Sukfana Shameera P. P	Unnikkulam	Kozhikodu
31	Dr. Veena KC	Kurumathur	Kannur

**Batch-4 (26<sup>th</sup> & 27<sup>th</sup> March 2010)**

Sl. No	Name of MO	Grama Panchayat	District
1	Dr. Aneesh Kumar C	Thriprangodu	Malappuram
2	Dr. Anusha Jose	Kolacheri	Kannur
3	Dr. Divyashree A. S	Paivalika	Kasargodu
4	Dr. Gafoor K	Vazhakkadu	Malappuram
5	Dr. Ganesh Kumar K	Kuttikkol	Kasargodu
6	Dr. Gitanjali Vineeth	Pathanapuram	Kollam
7	Dr. Hilsha KN	Nadapuram (Kallachi)	Kozhikodu
8	Dr. Iby Jose	Aanikkadu	Pathanamthitta
9	Dr. Jalaja KS	Kongadu	Palakkadu
10	Dr. Jayan K Philip	Neduvathur	Kollam
11	Dr. Maya M	Vallikkunnu	Malappuram
12	Dr. Nileena P	Vechur	Kottayam
13	Dr. Parvanthy Krishna	Kodamthuruthu	Alappuzha
14	Dr. Praveen Kumar	Vazhayur	Malappuram
15	Dr. Pushpakumari S	Nedumangadu Municipality	Thiruvananthapuram
16	Dr. Ranjish Rajan	Nooranadu	Alappuzha
17	Dr. Sanand BS	Aalur	Thrissur
18	Dr. Saniya P	Elamkulam	Malappuram
19	Dr. Sheeja	Valayam	Kozhikodu
20	Dr. Sili SK	Koodaranji	Kozhikodu
21	Dr. Smitha K	Koduvalli	Kozhikodu
22	Dr. Smitha P	Madayi	Kannur
23	Dr. Smitha R	Njarakkal	Ernakulam
24	Dr. Smitha S	Melila	Kollam
25	Dr. Smitha S Sivan	Aryankode	Thiruvananthapuram
26	Dr. Soumya M. K	Chungathara	Malappuram
27	Dr. Sreejith CP	MLA Quarters	Thiruvananthapuram
28	Dr. Sreejith R	Eerattupetta	Kottayam
29	Dr. Sreekanth PN	Perumanna	Kozhikodu
30	Dr. Sreelatha P. G	Edathala	Ernakulam
31	Dr. Subha MR	Ankamali	Ernakulam
32	Dr. Sulekha Beebi K	Ittiva	Kollam
33	Dr. Veena Nair	Karakulam	Thiruvananthapuram



## **Conclusion**

The induction training was the culmination of a much awaited need for interaction of Ayurveda Medical Officers with the NRHM officials. It paved way for the clarification of many of their doubts and anxieties. It also helped to consolidate first hand information of the AYUSH activities across the state. The empowerment and capacity building initiative was another landmark. Training in specialised areas including computer training should be periodically conducted in the future. A mechanism for impact assessment and training need analysis should also be envisaged.