



National Rural Health Mission

Arogyakeralam, Govt. of Kerala

STATE LEVEL INDUCTION TRAINING
for
AYUSH MEDICAL OFFICERS UNDER NRHM
14th – 16th December 2011

REPORT



State Health Systems Resource Centre

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Introduction

Ever since the incorporation of AYUSH systems into mainstream healthcare as envisaged by National Rural Health Mission, there has been a growing demand from the public for more infrastructure facilities & services in this sector. Human Resource Health in this field has subsequently been strengthened. But there was an acute lack of capacity building & training.

Currently, there are **492** Medical Officers (Homoeo-299, Ayurveda-182 and Unani-11) working on contract basis in AYUSH dispensaries under LSGIs. Moreover under the Centrally Sponsored Scheme for Upgradation of AYUSH Hospitals, **100** posts of AYUSH Medical Officers, (Ayurveda-66 and Homoeo-34) on contract basis were sanctioned.

State level induction training of two days duration were given to all the Medical Officers working on contract basis in AYUSH dispensaries under LSGIs. The trainings were held at SHSRC, Thiruvananthapuram in three phases during February 2010, March 2010 & November 2010. About 443 Medical Officers (90 %) attended the training.

Similarly, State level in-service training of two days duration were given to all the Medical Officers working on contract basis in AYUSH dispensaries under LSGIs. The trainings were held at SHSRC, Thiruvananthapuram in three phases during February – March 2011. About 435 Medical Officers (88 %) attended the training.

In the current phase, state level induction training of one day each was given to the AYUSH Medical Officers working on contract basis in Govt. Ayurveda & Govt. Homoeo hospitals as per the following schedule.

Training schedule - overview

Batch 1	Ayurveda	:	14 th Decemeber 2011
Batch 2	Ayurveda	:	15 th Decemeber 2011
Batch 3	Homoeopathy	:	16 th Decemeber 2011

INAUGURATION

16th December 2011, Friday

11.15 am – 11.30 am

- Welcome speech : **Dr. M. R. Vasudevan Nampoothiri**
State Programme Manager (AYUSH)
- Presidential address : **Dr. S. Srilatha**
Executive Director i/c, SHSRC
- Inaugural address : **Dr. K. Ellangovan IAS**
State Mission Director, NRHM
- Felicitations : **Dr. G. S. Balachandran Nair**
Technical Assistant, Directorate of Homoeopathy
- Sri. S. Krishnakumar**
Financial & Administrative Manager, PMU (AYUSH)
- Vote of thanks : **Dr. R. Rejikumar**
Consultant (AYUSH Integration), SHSRC

Training schedule : Batch-1 : 14.12.2011 (Wednesday)

- 10.00 am : Session 1
Panchakarma
Dr. M. R. Vasudevan Nampoothiri,
State Programme Manager (AYUSH)
- 11.15 am : Tea break
- 11.30 am : Session 2
Lifestyle Diseases – Diagnosis & Management
Dr. K. Sandeep, Sr. Consultant (PHP), SHSRC
- 01.00 pm : Lunch Break
- 02.00 pm : Session 3
Kaumarabhritya
Dr. Mini Muraleedharan
Asst. Professor, Govt. Ayurveda College, Tvm
- 03.00 pm : Tea break
- 03.15 pm : Session 4
Activities of Department of Indian Systems of Medicine
Dr. T. T. Krishnakumar, Jt. Director, Dept. of ISM
- 04.00 pm : Session 5
Mainstreaming of AYUSH
Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC

Training schedule : Batch-2 : 15.12.2011 (Thursday)

- 10.00 am : Session 1
Panchakarma
Dr. M. R. Vasudevan Nampoothiri,
State Programme Manager (AYUSH)
- 11.15 am : Tea break
- 11.30 am : Session 2
Kaumarabhritya
Dr. Mini Muraleedharan
Asst. Professor, Govt. Ayurveda College, Tvm
- 01.00 pm : Lunch Break
- 02.00 pm : Session 3
Lifestyle Diseases – Diagnosis & Management
Dr. K. Sandeep, Sr. Consultant (PHP), SHSRC
- 03.00 pm : Tea break
- 03.15 pm : Session 4
Activities of Department of Indian Systems of Medicine
Dr. T. T. Krishnakumar, Jt. Director, Dept. of ISM
- 04.00 pm : Session 5
Mainstreaming of AYUSH
Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC

Training schedule : Batch-3 (Homoeo) : 16.12.2011 (Friday)

- 10.00 am : Session 1
Activities of Department of Homoeopathy
Dr. Balachandran, Technical Assistant
- 11.15 am : Tea break
- 11.30 am : Session 2
Mainstreaming of AYUSH under NRHM
Dr. R. Rejikumar, Consultant (AYUSH Integration), SHSRC
- 01.00 pm : Lunch Break
- 02.00 pm : Session 3
Diagnosis & Clinical Medicine
Dr. S. Saveesh Kumar, Former Professor & Head,
Dept. of Medicine, Govt. Homoeopathic Medical College, Tvm
- 03.30 pm : Tea break
- 03.45 pm : Session 4
National Health Programmes & Public Health initiatives
Dr. Mini, Associate Professor, Dept. of Community Medicine, Medical College, Tvm

List of AYUSH Medical Officers who have attended the Induction Training

Batch-1 : Ayurveda (14th December 2011)

Sl. No	Name of Medical Officer	District	Institution
1	Dr. Ajith Kumar. C	Idukki	GAH Kallar
2	Dr. Ajith P. R	Ernakulam	GAH Mannathoor
3	Dr. Alice John	Ernakulam	GAH North Paravoor
4	Dr. Ambili Vijayan	Idukki	GAH Kallar
5	Dr. Amesh K. S	Kottayam	GAH Vaikom
6	Dr. Anilan. S	Thiruvananthapuram	GAH Parassala
7	Dr. Anitha Rani. L	Thiruvananthapuram	GAH Parassala
8	Dr. Asmabi K. A	Ernakulam	GAH Perumbavoor
9	Dr. Aswathy M. P	Thiruvananthapuram	GAH Venganoor
10	Dr. Dhannya Velayudhan	Ernakulam	GAH Muvattupuzha
11	Dr. Divya C. Nair	Ernakulam	GAH Kadamakudy
12	Dr. Ganga. C	Alappuzha	GAH Chengannoor
13	Dr. Jisha C. G	Kollam	GAH Ayoor
14	Dr. Jyothi Shalini	Pathanamthitta	DAH Ayiroor
15	Dr. Lekshmy K. G	Kollam	GAH Thalavoor
16	Dr. Lubna D. S	Thiruvananthapuram	GAH Venganoor
17	Dr. Mervin Varghese	Kollam	GAH Paravoor
18	Dr. Nisha P. N	Pathanamthitta	GAH Kadampanad
19	Dr. Rajalekshmy. T	Alappuzha	GAH Kayamkulam
20	Dr. Rasiya M. A	Kollam	GAH Thalavoor
21	Dr. Remadevi. S	Thiruvananthapuram	GAH Nedumangad
22	Dr. Sasisankar M. S	Idukki	GAH Paramavu
23	Dr. Seena C. S	Alappuzha	GAH Mararikulam
24	Dr. Shereesy. B	Kollam	GAH Kottarakkara
25	Dr. Smitha Arun	Alappuzha	GAH Chengannoor
26	Dr. Subash Chandran. B	Kollam	DAH Kollam
27	Dr. Surekha Kurian	Kottayam	GAH Nattakam

Batch-2 : Ayurveda (15th December 2011)

Sl. No	Name of Medical Officer	District	Institution
1	Dr. Aboobakker.K	Malappuram	GAH Manjeri
2	Dr. Amarnadh.C.S	Kannur	DAH Kannur
3	Dr. Anjali Rajan	Wayanad	TAH Sulthanbathery
4	Dr. Aravinth.A.V	Thrissur	GAH Guruvayoor
5	Dr. Bhagyalakshmi.M	Palakkad	GAH Vadakkancherry
6	Dr. Bindu Joseph	Kozhikkode	GAH Thalayad
7	Dr. Charls Antony	Palakkad	GAH Ottappalam
8	Dr. Hitha.K.H	Thrissur	GAH Anthikkad
9	Dr. Leena Kumari	Thrissur	GAH Valappad
10	Dr. Lesly Willy	Thrissur	GAH Valappad
11	Dr. Liji.K.C	Kozhikkode	NAD Vanimel
12	Dr. Mohandas.M.T	Kozhikkode	GAH Vadakara
13	Dr. Nadia Ummer	Malappuram	DAH Valavannur
14	Dr. Navas.A.T	Malappuram	GAH Perinthalmanna
15	Dr. Neethu Joy	Palakkad	GAH Mannarkkad
16	Dr. Premraj.K	Kasaragod	GAH Cheemeni
17	Dr. Raghavan.P.K	Malappuram	DAH Valavannur
18	Dr. Remya.V.K	Kozhikkode	NAD Purameri
19	Dr. Salini.V	Kasaragod	GAH Koyemkara
20	Dr. Santhosh.K.K	Thrissur	GAH Kodakara
21	Dr. Sathyendra C. D	Kasaragod	DAH Kasaragod
22	Dr. Seena.S.K.M	Thrissur	GAH Chelakkara
23	Dr. Shabnum Khalid	Wayanad	TAH Sulthanbathery
24	Dr. Shimna.D	Kasaragod	GAH Koyemkara
25	Dr. Sushanth.C.K	Kozhikkode	NAD Koilandy
26	Dr. Umadevy.P.K	Kannur	GAH Cherukunnu
27	Dr. Vincy.P.V	Palakkad	GAH Vadakkancherry

Batch-3 : Homoeo (16th December 2011)

Sl. No	Name of Medical Officer	District	Institution
1	Dr. Ajayakumari.I.B	Wayanad	DHH Wayanad
2	Dr. Anisha.A	Palakkad	DHH Palakkad
3	Dr. Ashitha N.C	Kozhikode	GHH Quilandy
4	Dr. Ashok Baby.J	Kottayam	GHH Kurichi
5	Dr. Bindu.D.V	Thiruvananthapuram	GHH Karakulam
6	Dr. Binu Jacob	Kottayam	GHH Pala
7	Dr. Chithra.P.V	Ernakulam	GHH Muvattupuzha
8	Dr. Chithra.T.R	Kollam	DHH Kollam
9	Dr. Deepa chandra.C.S	Thiruvananthapuram	GHH Attingal
10	Dr. Deepthi Jayadev	Alappuzha	GHH Cherthala
11	Dr. Jerald Heyakumar.A	Kozhikode	DHH Kozhikode
12	Dr. Jyothilekshmi M. G	Kollam	GHH Karunagapally
13	Dr. Minimol Varkey	Ernakulam	GHH North Paravoor
14	Dr. Prameela.S.M	Kottayam	DHH Kottayam
15	Dr. Santhosh Mohan	Thrissur	DHH Thrissur
16	Dr. Shajeela.N.K	Malappuram	GHH Manjeri
17	Dr. Sini Priya.S	Thiruvananthapuram	DHH Thiruvananthapuram
18	Dr. Sreejini.K.G	Alappuzha	DHH Alappuzha
19	Dr. Sreeranjini.R	Thiruvananthapuram	DHH Thiruvananthapuram
20	Dr. Sumam.J	Thiruvananthapuram	DHH Thiruvananthapuram
21	Dr. Vibha Rosmy John	Idukki	GHH Pushpakandam
22	Dr. Vidya.T.N	Malappuram	DHH Malappuram

Acknowledgements

1. Dr. K. Sandeep, Sr. Consultant (Monitoring & Evaluation)
2. Ms. Sindhu. V, Regional Quality Assurance Officer
3. Ms. Reshmi. G, Assistant Quality Assurance Officer
4. Ms. Cigimol Jacob, Consultant (ASHA Training cum Facilitator)
5. Mr. Mohanachandran, Section Officer (Admn.)
6. Mr. Rajeesh, Computer Asst.
7. Ms. Mini, Computer Asst.

EVALUATION & FEEDBACK

1. Concerns expressed by Medical Officers

- a. Necessary guidelines regarding leave eligibility, working hours, duties and responsibilities of Medical Officers should be prepared and circulated to the DMOs & Hospital Management Committees.
- c. DMOs should be directed to include MOs in the monthly meetings.
- d. Steps may be taken to reduce the undue delay in the disbursement of salary.
- e. Proper directions regarding TDS and refund claims may be given.
- f. Identity card should be issued.
- g. Transfer requests to other Hospitals / dispensaries may be duly considered.
- h. Similar trainings of more than 2 days should be conducted periodically.
- i. Trainings in more clinical topics especially first aid, emergency etc. are required.
- j. Venue & location route map of training centre should be included.

Conclusion

The induction training was the culmination of a much awaited need for interaction of AYUSH Medical Officers with the NRHM officials. It paved way for the clarification of many of their doubts and anxieties. All the trained MOs opined that the training was an effective tool to improve their capacity and have requested for such periodic trainings in future. In-service capacity building training in specialised areas like trauma care, basic life support etc. & computer training should be periodically conducted in the future. A mechanism for impact assessment and training need analysis should also be envisaged.

Dr. M. R. Vasudevan Nampoothiri

State Programme Manager (AYUSH)
PMU (AYUSH)

Dr. S. Srilatha

Executive Director i/c , SHSRC
Addl. DHS & Principal, KSIHFW

Sri. S. Krishnakumar

Financial & Admn. Manager
PMU (AYUSH)

Dr. R. Rejikumar

Consultant (AYUSH Integration)
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